
NOTE: Credits and Thanks to “Above and Beyond Christian Academy”. I have borrowed and modified this form created by them. It is brilliantly done. I highly recommend their services if you are near Florida (They have multiple offices) and here is their Website <https://aandbcounseling.com/>
Before contacting me I highly recommend that you explore their services as they are better able to provide a full and hands-on experience to you. Also, if you are female, you will need some place with female ministers and if you are a couple you will need services for a couple. God bless you and lead you to the freedom you deserve through Jesus Christ.

1. What to Expect in the Deliverance Ministry Process

Generally, we will use a five-step process. It is a process used as a guideline and is not cut in stone because all situations are different. Also, it is Holy Spirit doing the healing work and we give Him full reign and rely on Him to lead us. We use the gifts of the Holy Spirit when we minister and always ask them to be present and to work through us.

1.1 Session 1: Interview and Sharing

The first session (one to two hours) allows us to get to know each other and focuses on gaining an understanding of the background and needs of the participant with conversation and discovery forms (The Problems List and Confidential Candidate Intake Form) used by the ministry. The general nature of the questions are as follows:

- What are the issues you are dealing with?
- Tell me about your home life growing up?
- The general atmosphere in the home
- Mother/father issues? Stepparents?
- Brothers/sisters - get a (very brief!) “snapshot” of

their lives to see if there are generational curses at work.

Who was the favorite in the family?

- Abuse growing up - type and by whom (to break soul ties)?
Traumas in your life at any time?
- What is the first memory that you have? (Not one someone told you about or one you saw in a picture but one you have in your head?)
- What age were you?
- Occult activities of family members
- Significant Relationships History (We do not request a list of sexual partners/ experiences but they are addressed as needed).
- Abusive/controlling ones (soul tie issues to be addressed)
- Any occult activities
- Is there anyone who hates you or has ever hated you or your family? (Curses issue)
- Did someone ever take away from you someone that you loved? Boyfriend?
- Occult Sin in the background? Freemasonry? Generational?
- Physical Issues/Infirmities (Be looking for spiritual roots)
- Tell me about your relationship with the Lord?
- Address salvation issue (Determine are they saved or religious?)

We also review the “Who I Am in Christ?” handout together. We need to understand that when we are born again, we become a child of God and that we are no longer slaves and orphans. This revelation is essential to

understand and receive. The participant encouraged to read and meditate on this handout. We encourage them to stir up their faith and to be expectant for the Lord to do a work in them!

1.2 Session 2: Teaching on Entry Points/Legal Rights

This one- or two-hour session focuses on teaching about identifying open doors for demonic torment in a believer's life. An in-depth presentation is typically involved in teaching about these open doors. Knowledge about your enemy is essential to achieve lasting victory for you and your family. During this session, the "Demonic Strongholds List" and "Demonic Torment Entry Points List" are handed out as assignments. *(Credit and thanks go to Above and Beyond Christian Academy located in Florida. These folks are excellent, and I highly recommend you work with them if they are within reach for you.)*

It is important to emphasize that the homework is private, is not to be shared by others and that the minister will not see the "Entry Points" list, so the client needs to be thorough, honest and not leave anything out!

You will need to bring the Strongholds List with you to the next session and we will use that as a guideline only. That is, we will focus a little more heavily on those areas you have circled/marked but will pray for everything on the list whether you have circled it or not. That means you do not need to worry about missing anything! In fact, be encouraged as most times people get set free from things they did not know that they had!

1.3 Session 3: Preparing for Deliverance/Closing Entry Points with the Closing Door Prayer

In this session, typically an hour duration, we teach you and we actively pray together and close the open doors, to take away the oppressing spirits legal rights to be in you

and/or oppress you.

The key elements here focus on the areas of beliefs, forgiveness, releasing judgments, dealing with generational and word curses, renouncing and ungodly soul ties. The purpose is to make sure you understand and identify the open doors in your life and to prepare you to deal with these through the declarations that are to come. These topics are also addressed in session 2 but in this session we apply the teachings for your session.

Homework assigned is the Warfare Declarations and “Preparing for Deliverance” handouts.

1.4 Session 4: Deliverance Prayer Session

This session can take 2 to 3 hours or more when done in a private setting. Sometimes it is possible to complete sessions 3 and 4 in the same session. I encourage you to wear casual clothes and be comfortable. Also we will confirm that you have done your homework before proceeding! We will be in a quiet room in which to pray with worshipful/instrumental music playing in the background.

During the deliverance prayer, we tell the prayee that it is better not to talk, pray, or speak in tongues aloud. We encourage the prayee to agree in their mind for the demon spirits to leave as they are called out. If they feel like coughing, yawning, tears flowing, screaming, or spitting up, do it. Many times this is an indication of spirits leaving, although they often leave with no manifestations at all!

Before prayer, the minister invites the Holy Spirit to come and anoint for this particular session with the gifts of the Holy Spirit such as faith, wisdom, knowledge, discerning of spirits, healing, and miracles. We will cover everyone's families with the Blood of Jesus, including spouses, parents, children, pets, and so on. Also, we will cover everyone in the building and on the property with the Blood of Jesus. We will dispatch warring angels into the room to help fight the spiritual battles. We will thank God for what He is going to do in your life. We will bind up any spirits that are manifesting or tormenting you and command them not to hurt you. We will command all evil spirits to go into uninhabited dry places and not linger in the room. They have to obey. We will ask the warring

angels to take the evil spirits out of the location into uninhabited dry places.

During the deliverance prayer session, the one ministering will sit in front of the one receiving deliverance (facing each other). The person praying will hold the prayee's hands and look right into their eyes, which are the windows of the soul. The anointing will flow through the contact because we see in Scripture that when Jesus ministered deliverance, he often laid hands upon the person.

We typically begin by breaking the ungodly soul ties between the individual and their father, mother, children (step, foster, adopted), spouse, and ex-spouses. We will also break all ungodly soul ties (if applicable) between you and the person that abused you and any aborted child and the partner that helped create the aborted child.

We will typically begin the deliverance process by breaking generational and word curses and then dealing with Familiar Spirits. We then move onto the Haughtiness spirit and those underneath it and continue calling out every spirit on the "Stronghold List, one by one. They will forcefully command the spirits to leave, one at a time, as they pray down the Demonic Strongholds list.

At the conclusion, we give the person the handout called "Post Deliverance Instructions," go over it briefly with them, pray for them to fill them with the Holy Spirit and for fruits and giftings to begin to manifest in their lives. We encourage them very strongly not to miss the fifth session.

1.5 Session 5: Evaluation Session / "Staying Free – The Narrow Road to Life"

This session focuses on teaching the client some of the elements of spiritual warfare and moving on their walk (sanctification process) with the Lord. They receive the "Staying on the Narrow Road" handout.

- Your actions or reactions can be a habit.
- You can resist temptation.
- When we fall and sin, confess and repent quickly and get back on the path.
- Keep the door closed.
- Do not go to bed angry. If you fought with your spouse or anyone else, choose to forgive them

before going to bed. Do not leave yourself open to demonic influence.

- Do not allow any cracks in your armor. All Satan is looking for is a little seed to take root.
- Pray and ask God to show you Satan's tactics in advance.
- The spiritual battle is in the mind. II Cor 10:3-6
- The thought is not the sin; you cannot keep it from coming in, but you can take it captive
- Bind demonic spirits and loose the Holy Spirit on all life situations.

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